

**FITNESS PROFESSIONALS  
NEED MORE CLIENTS**

**THOSE WITH AUTISM  
NEED MORE EXERCISE**



## **Autism Exercise SPECIALIST CERTIFICATE**



- For people with ASD, 10 minutes of exercise improves self-regulation through 60 minutes
- 81% of individuals with disabilities stated that they do NOT feel welcome in fitness spaces

**GET 10% OFF  
CODE: AUTISMMFA10**



The **MFA** is committed to ensuring our members offer a broad range of **inclusive and accessible fitness services.**

### **Approved Provider For:**



**Up to 1.9 CECs**



**Up to .12 CEUs**



**Up to .12 CEUs**



**Up to 12 CEUs**



**Up to 12 CEUs**

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